

Program: Medical & Health Professions

Teacher: Mrs. Appleton Level 100

Day <i>PDE Core Standards</i>	Content <i>PDE Program of Studies CIP 51.0899</i>	Skills/Objectives <i>Demonstrate Knowledge of...</i>	Activities <i>Using these methods to learn...</i>	Assessment <i>How will I be evaluated?</i>
Monday CC.3.5.11-12.A,D,F,G CC.3.6.11-12.A,C	<ul style="list-style-type: none"> Theory – Muscle Actions & Movements “P” Acronyms/Abbreviations New Skill – Perform ROM (Shoulder/Knee/Foot) 	<ul style="list-style-type: none"> ✓ 1005 Identify the basic structure of the muscular system ✓ 1202 Identify the meaning of medical abbreviations ✓ 826 Perform ROM exercises with a client 	<ul style="list-style-type: none"> ✓ Instructor Power Point ✓ Handouts/Note Taking ✓ Instructor Demonstration ✓ Chart Completion – “P” Acronyms ✓ Perform Muscle Movements with Partner 	<ul style="list-style-type: none"> ➤ Daily Participation ➤ Instructor Observation ➤ Teamwork & Attitude ➤ Assignment Completion
Tuesday	<ul style="list-style-type: none"> No School Teacher Inservice Day 	<ul style="list-style-type: none"> ✓ No School ✓ Teacher Inservice Day 	<ul style="list-style-type: none"> ✓ No School ✓ Teacher Inservice Day 	<ul style="list-style-type: none"> ➤ No School ➤ Teacher Inservice Day
Wednesday CC.3.5.11-12.A,B,H,J CC.3.6.11-12.A,C,F	<ul style="list-style-type: none"> Theory – Diseases & Disorders of the Muscular System Fibromyalgia, Muscular Dystrophy, Myasthenia Gravis and Tetanus Skill Practice – Perform ROM (Shoulder/Knee/Foot) 	<ul style="list-style-type: none"> ✓ 1005 Identify the basic structure and function of the muscular system ✓ 826 Perform Range of Motion exercises with a client 	<ul style="list-style-type: none"> ✓ Instructor Power Point ✓ Handouts/Note Taking ✓ Instructional Video ✓ Reading Comprehension ✓ DHO Workbook Assignment ✓ Partner Skill Practice with Peer Review 	<ul style="list-style-type: none"> ➤ Daily Participation ➤ Instructor Observation ➤ Teamwork & Attitude ➤ Assignment Completion
Tuesday CC.3.5.11-12.A,B,C,F CC.3.6.11-12.A,B,C	<ul style="list-style-type: none"> Theory – Muscular Injuries Strains, Sprains & Muscle Spasms New Skill – Applying a Figure “8” Ace Wrap 	<ul style="list-style-type: none"> ✓ 1005 Identify the basic structure of the muscular system ✓ 502 Perform basic first aid skills including sterile and non-sterile dressings 	<ul style="list-style-type: none"> ✓ Instructor Power Point ✓ Handouts/Note Taking ✓ EdPuzzle Assignment ✓ Instructor Demonstration ✓ Partner Skill Practice with Peer Review 	<ul style="list-style-type: none"> ➤ Daily Participation ➤ Instructor Observation ➤ Teamwork & Attitude ➤ Assignment Completion
Friday	<ul style="list-style-type: none"> Early Dismissal No School for PM Students 	<ul style="list-style-type: none"> ✓ Early Dismissal ✓ No School for PM Students 	<ul style="list-style-type: none"> ✓ Early Dismissal ✓ No School for PM Students 	<ul style="list-style-type: none"> ➤ Early Dismissal ➤ No School for PM Students