

**FOR IMMEDIATE RELEASE**

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MIDDLE BUCKS INSTITUTE OF TECHNOLOGY PRIORITIZES HEART HEALTH WITH COMPREHENSIVE CPR TRAINING

Jamison, PA- In observance of Heart Month and Career and Technical Education (CTE) Month this February, Middle Bucks Institute of Technology (MBIT) is taking significant steps to enhance cardiovascular health. MBIT has introduced comprehensive cardiopulmonary resuscitation (CPR) training across all its programs. This initiative underscores MBIT's commitment to safety, health, and well-being for its students, faculty, and staff.

**Empowering the Community:** CPR instructor Gail Keagy emphasized the critical role of heart health in overall well-being. "CPR training equips individuals with a valuable skill that can save lives," said Keagy. "By offering CPR training across all our programs, we empower our community to be prepared and capable of responding effectively during emergencies."

**Student Participation:** To date, a total of 122 MBIT students have seized the opportunity to acquire these life-saving skills. Keagy expressed pride in the students who completed the course and rose to the challenge. She hopes that more programs and students will participate, especially since their sending schools do not offer similar training.

**A National Goal:** The American Heart Association aims to train 20 million people annually, including both emergency medical professionals and the general public. In the United States, over 356,000 people experience out-of-hospital cardiac arrest each year. Swift intervention through CPR, combined with the use of automated external defibrillators (AEDs), significantly increases survival rates. The message is clear: Learn CPR and Save a Life!

**Training Overview:** The CPR training sessions at MBIT cover essential techniques, including chest compressions, rescue breathing, and proper AED usage. Participants also learn to recognize signs of heart attacks or cardiac arrest and respond appropriately.

**About Middle Bucks Institute of Technology:**

Middle Bucks Institute of Technology (MBIT) is located in Warwick Township on York Road (Rt. 263) in Jamison, Pennsylvania. The picturesque high school campus sits on 58 acres and is supported by Centennial, Central Bucks, Council Rock, and New Hope-Solebury School Districts. Middle Bucks Institute of Technology operates as a school of choice designed for students who are seeking to enhance their educational program with a highly relevant career and

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technical experience connected directly to the real world of business and industry. Over 400 business and industry advisors review and update the school educational program annually. In addition to secondary students, the school clientele includes approximately 500 adults who are enrolled in daytime, evening, and customized industry training programs.

[www.mbit.org](http://www.mbit.org)  
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